

Metro Parks

FREE Programs for Senior Groups

Metro Parks' outreach group offers free programs for seniors, age 50 and older. Programs are typically 60-minutes long but can be adjusted to meet the needs of your group. Most programs can be adapted to indoor or outdoor settings. Difficulty levels vary. To schedule one of our current programs, call 614.508.8060.

Amazing Trees

Discover the leaves and seeds of common trees found in the parks and learn about their uses.

Animal Homes

See different types of homes that birds, insects and mammals use and how they build their abodes.

Archery

Learn how to use a bow and arrow.

Artifacts of the Past

See and touch tools and implements used in the 1880s as you take a journey back in time.

Backyard Birds

Learn about birds with sound recordings and a slide show, and how you can attract more birds to your yard.

Bees, Butterflies & Beyond

Explore the world of Ohio's 6-legged creatures.

Birds of Prey

Discover how Ohio's owls and hawks use their beaks, feet, eyes and feathers to hunt and survive.

Fishing

Catch and release fish. Bait and poles provided.

Nature Discovery

Discover the sights and sounds of Metro Parks.

Create your own program

Speak with a naturalist to create a program specially designed to meet the needs and interests of your group.



Cheryl Blair

Oh Deer

Learn about the life history of the white-tailed deer, using pelts, antlers and other touchable objects.

Ohio Mammals

Learn about mammals that live in the parks.

Reptiles and Amphibians

Learn about Ohio's snakes, turtles, frogs and salamanders.

Rock On!

Learn about rocks, minerals and fossils.

Wildflowers

Enjoy the seasonal beauty of spring, summer or fall on a walk along a trail. This program can also be experienced indoors through a slide show.