

INNISWOOD

SEPTEMBER

SUNNY SUNDAYS

On Sundays through October, members of the Herb Society of America, Central Ohio Unit, will be in the Herb Garden to answer visitors' questions. All Ages *Herb Garden*

SEP 1 SUN 1:30–3:30PM

PRESCHOOL IN THE GARDENS: SUN-FLOWER DAYS

Get to know these sun-loving flowers through a story, craft and other activities. Ages 3-5 *Education Pavilion*

SEP 4 WED 9:30–10:30AM

PRESCHOOL IN THE GARDENS: SUN-FLOWER DAYS

Get to know these sun-loving flowers through a story, craft and other activities. Ages 3-5 *Education Pavilion*

SEP 4 WED 11AM–12PM

PRESCHOOL IN THE GARDENS: SUN-FLOWER DAYS

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SEP 4 WED 1–2PM

JUNIOR GARDEN VOLUNTEERS

Help with fall garden cleanup. Participants must pre-register and have parent's permission. Ages 11-17 *Advance registration*

SEP 7 SAT 40821803

GARDEN TO VASE

Learn how to cut, arrange and care for plants in a vase. Ages 18 and older *Greenhouse Multipurpose Center*

SEP 8 SUN 2–3PM

EVENING GARDEN WALK

Take a guided stroll through the Gardens. All Ages *Gardens Entrance*

SEP 8 SUN 6–7PM

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SEP 8 SUN 1:30–3:30PM

WELLNESS IN THE GARDENS: MEDITATION

Recharge your mind and body with a gentle movement sequence, cooling breath techniques, and a beautiful yoga nidra (yogic sleep) guided meditation lead by Lauren Miller. Bring a yoga mat or blanket. All Ages *Education Pavilion*

SEP 14 SAT 10–11AM

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SEP 15 SUN 1:30–3:30PM

METRO FIVE-0: LEVEL 1: BUTTERFLY BINGO

Enjoy some refreshments while we play a few rounds of butterfly and other nature-related bingo. Ages 50 and older *Innis House*

SEP 20 FRI 2–3PM

SCOUT DAY: JUNIORS FLOWERS

Participate in flower-friendly activities that will lead to earning the Flowers badge. *Innis House*

SEP 21 SAT 10-11:30AM

EVENING GARDEN WALK

Take a guided stroll through the Gardens. All Ages *Gardens Entrance*

SEP 22 SUN 6–7PM

MEET THE ARTISTS

Meet members of the Arts Council of Westerville at a reception and view their mixed media artwork. All Ages *Innis House*

SEP 22 SUN 2–4PM

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SEP 22 SUN 1:30–3:30PM

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SEP 29 SUN 1:30–3:30PM

OCTOBER

PRESCHOOL IN THE GARDENS: NOT-SO-CREEPY CRITTERS

Learn why some animals are given a bad reputation and reasons we should celebrate them instead of being scared. Ages 3-5 *Greenhouse Multipurpose Center*

OCT 2 WED 9:30–10:30AM

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OCT 5 SAT 40821803

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OCT 6 SUN 1:30–3:30PM

DAHLIA SOCIETY: FALL CARE

Learn how to save your dahlia tubers for another year of blooms. All Ages
Innis House

OCT 6 SUN 2–4PM

EVENING GARDEN WALK

Take a guided stroll through the Gardens. All Ages *Gardens Entrance*

OCT 6 SUN 5–6PM

METRO FIVE-0: LEVEL 2: FALL COLOR WALK

Join us on a walk through Inniswood as we discuss the vibrant fall colors.
Ages 50 and older *Gardens Entrance*

OCT 11 FRI 2–3PM

WILD ONES: THE INVISIBLE FOREST

Join Andrea Jaeger to learn how the simple act of saving land can be the most powerful thing we can do together to protect the beauty, balance and biodiversity of our world. Ages 18 and older *Innis House*

OCT 12 SAT 10AM–12PM

WELLNESS IN THE GARDENS: YOGA

Be in balance with nature as Joy Lawrence, registered yoga teacher & licensed massage therapist of Pure Joy Massage and Yoga, presents a gentle hatha yoga class. Please wear comfortable clothes and bring a yoga mat. All Ages *Education Pavilion*

OCT 12 SAT 10–11AM

MEET THE ARTISTS

Join Bruce and Kelly Miller at a reception and view their photography artwork. All Ages *Innis House*

OCT 13 SUN 2–4PM

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OCT 13 SUN 1:30–3:30PM

GARDEN SCHOOL: FALL COLOR ART

Create autumn-inspired art as we experiment with leaf pigments. Search for leaves of every color while we discuss the changing season. Ages 6–9
Advance registration

OCT 18 FRI 40821812

SCARECROWS AND WILDLIFE WOES

Join us for a discussion about cohabitating with wildlife as we discover how to appreciate animals while dealing with pest problems. We will make a small, decorative scarecrow and share recipes and tips to keep unwanted animals away from plants and other food sources. All Ages
Greenhouse Multipurpose Center

OCT 19 SAT 2–3PM

EVENING GARDEN WALK

Take a guided stroll through the Gardens. All Ages *Gardens Entrance*

OCT 20 SUN 5–6PM

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OCT 20 SUN 1:30–3:30PM

INCREDIBLE JOURNEY

Stop by this afternoon and roll the dice. to see where water travels. This fun, family-friendly activity will certainly get you thinking about water and how it travels as you simulate the movement of water through the water cycle. All Ages *Sisters Garden*

OCT 20 SUN 1–3PM

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OCT 27 SUN 1:30–3:30PM

HALLOWEEN PARTY

Join us in the Gardens for activities, animals, and crafts as we celebrate this traditional holiday. All Ages *Education Pavilion*

OCT 27 SUN 2–4PM

NOVEMBER

JUNIOR GARDEN VOLUNTEERS

Help with fall garden cleanup. Participants must pre-register and have parent's permission. Ages 11–17 *Advance registration*

NOV 2 SAT 40821803

AFTERNOON GARDEN WALK

Take a guided stroll through the Gardens. All Ages *Gardens Entrance*

NOV 3 SUN 4–5PM

METRO FIVE-0: LEVEL 1: COMMON FEEDER BIRDS

Learn how to identify some common birds that visit feeders and how to track your sightings for Cornell's Project Feeder Watch. Ages 50 and older
Innis House

NOV 5 TUE 10–11AM

PRESCHOOL IN THE GARDENS: GOURDS, SQUASH, AND PUMPKINS

Learn about these fall favorites then get creative and make a harvest decoration to take home. Ages 3–5 *Greenhouse Multipurpose Center*

NOV 6 WED 9:30–10:30AM

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NOV 6 WED 1-2PM

METRO FIVE-0: LEVEL 2: FALL COLOR WALK

Join us on a walk through Inniswood as we discuss the vibrant fall colors. Ages 50 and older *Gardens Entrance*

NOV 8 FRI 2-3PM

WELLNESS IN THE GARDENS: ZUMBA

Try a fun friendly dance-fitness class for beginners of all ages. Taught by certified Zumba instructor, Carrie Rose. All Ages *Education Pavilion*

NOV 9 SAT 10-11AM

INNISWOOD BOOK CLUB

Join us for a discussion of this quarter's book club, American Eden, by Victoria Johnson. Ages 18 and older *Innis House*

NOV 16 SAT 2-3PM

AFTERNOON GARDEN WALK

Take a guided stroll through the Gardens. All Ages *Gardens Entrance*

NOV 17 SUN 4-5PM

FAMILY CRAFT WORKSHOP

Create holiday gifts with family and friends. Materials provided. Bring a bag to help carry your creations home. All Ages *Innis House*

NOV 24 SUN 2-4PM